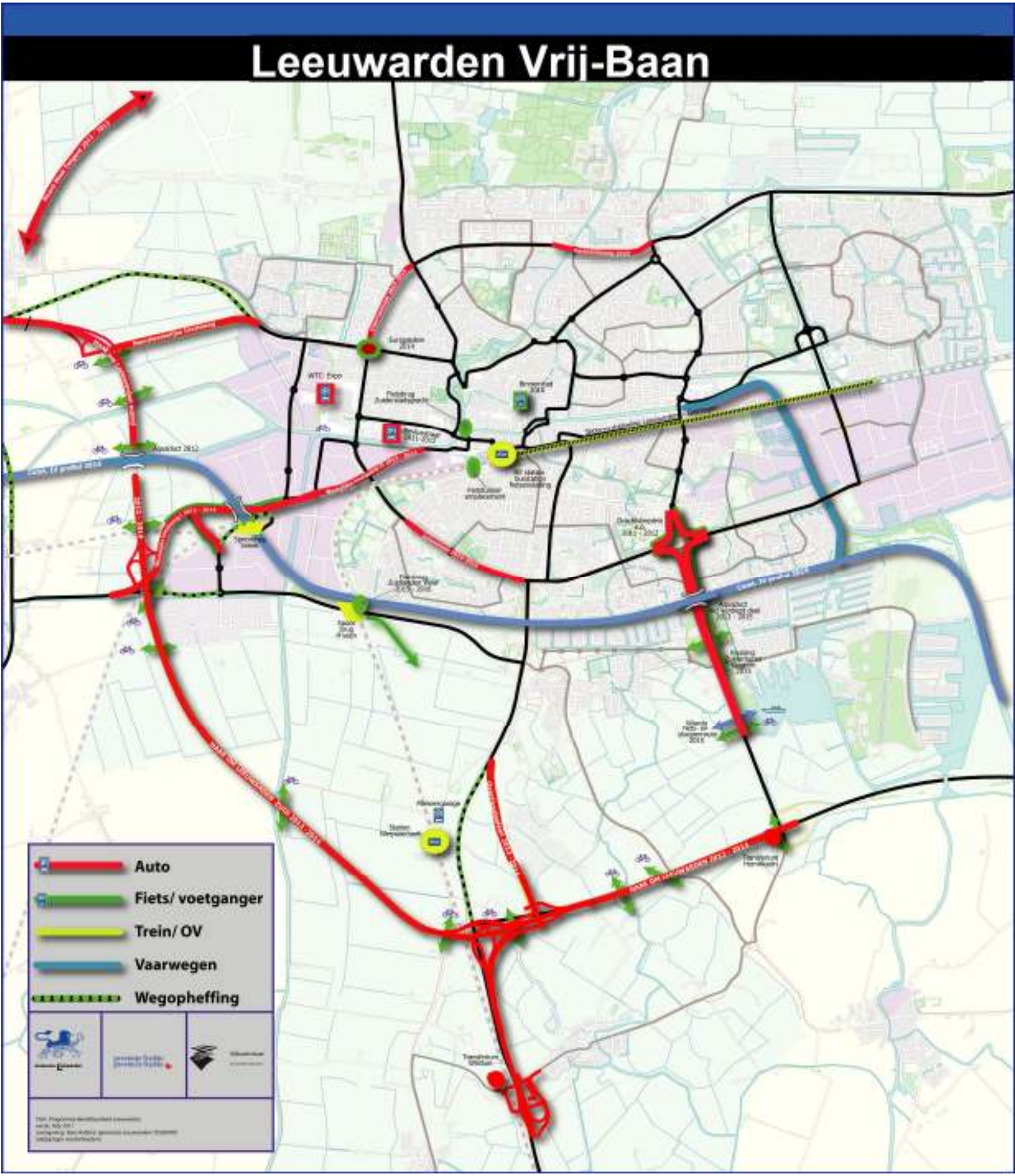Leeuwarden Vrij-Baan